FITTING & TRIMMING INSTRUCTIONS

STEP 1
REMOVE
Take out the pre-existing insole or sockliner if there is one.

STEP 2
LINE UP
Facedown, place the pre-existing insole under your new insole.

A: Align the heel of the pre-existing insole and the new insole along the rear and tap.

B: Align the inside edges of the two insoles at the widest part of the forefoot and tap.

STEP 3
TRACE
Trace the pattern onto the new insole using a pen.

If there is no pre-existing insole, then trace the shoe's outsole.

STEP 4
TRIM
Cut along the outside of the traced line, and then place the new insole in the shoe.